

PROGRAMME

Thursday 31st October

| | Event Space | Emerge Space | Print Studio (downstairs) |
|---------------|--|---|---|
| 09:00 - 10:00 | REGISTRATION | TEA & COFFEE | |
| 10:00 - 10:10 | WELCOME Sue Isherwood (Chair of AHSW) and Alex Coulter (AHSW) introduce the day | | |
| 10:10 - 10:35 | KEYNOTE 1 Steve Brown (Deputy Director of Public Health for Cornwall and the Isles of Scilly), Jayne Howard (Director of Arts Well UK) and Léa Guzzo (Senior Culture and Creative Industries Officer, Cornwall Council) | | |
| 10:35 - 11:00 | KEYNOTE 2: The Power of Partnership Francis Mason (Head of Partnerships, People and Housing at Torbay Council) and Cat Radford (Torbay Culture) | | |
| 11:00 - 11:15 | BREAK | | |
| 11:15 - 12:00 | PANEL 1: The Community Connections Social Prescribing Project in Weston Super Mare With Mark Graham (Chief Executive of the For All Healthy Living Centre) and Fiona Matthews (Artistic Director of Theatre Orchard). Chaired by Alex Coulter. | | |
| 12:00 - 12:45 | PANEL 2: Co-Production: How do we include people with lived experience at every stage? With Max Frances (Artist and member of AHSW Lived Experience Advisory Group), Fleur Barr (Artist and member of AHSW Lived Experience Advisory Group), Arthur Mactaggart (Coordinator of the Lived Experience Network), Philippa Forsey (Creative Wellbeing Programme Manager at Creativity Works), Julie Frier (Consultant in Public Health Medicine, Plymouth City Council) and Hannah Mumby (General Manager, AHSW) Chaired by Alex Coulter. | | |
| 12:45 - 13:45 | LUNCH | | |
| 13:45 - 14:15 | AGM | | |
| 14:15 - 15:15 | BREAKOUT SESSION 1: Collaborating across sectors for arts, health and wellbeing - implementing a regional strategy. An interactive workshop on coproduction with AHSW Research Fellow Julia Puebla Fortier (Research Associate, AHSW). | BREAKOUT SESSION 2: Transformative mindful photography for people and planet Led by Ruth Davey (Photographer, Look Again) | BREAKOUT SESSION 3: Have a go at screen printing Make a tote bag or print with Common Sense Studio. |
| 15:15 - 15:30 | SHORT BREAK - CHANGEOVER | | |
| 15:30 - 16:30 | BREAKOUT SESSION 1: Collaborating across sectors for arts, health and wellbeing - implementing a regional strategy. An interactive workshop on coproduction with AHSW Research Fellow Julia Puebla Fortier (Research Associate, AHSW). | BREAKOUT SESSION 2: Transformative mindful photography for people and planet Led by Ruth Davey (Photographer, Look Again) | BREAKOUT SESSION 3: Have a go at screen printing Make a tote bag or print with Common Sense Studio. |
| 16:30 - 17:00 | FINAL WORDS: Discussion and next steps on the Regional Strategy | | |

PROGRAMME

Friday 1st November

| | Event Space | Emerge Space |
|---------------|--|--|
| 09:00 - 10:00 | REGISTRATION | TEA & COFFEE |
| 10:00 - 10:15 | WELCOME Alex Coulter (Director of AHSW) and Martin R White (Health and Wellbeing Programme Manager, Public Health England South West) | |
| 10:15 - 10:45 | KEYNOTE 1 Charlene Mulhern (National Programme Manager - Mental Health, Public Health England) | |
| 10:45 - 11:15 | KEYNOTE 2: Using the arts to tackle loneliness and mental illness: findings from UK research and global policy implications Dr Daisy Fancourt, Associate Professor at University College London | |
| 11:15 - 11:30 | Q&A WITH SPEAKERS | |
| 11:30 - 11:45 | BREAK | |
| 11:45 - 12:00 | Singing for Health and Wellbeing With Emily Foulkes (Director and Vocal Lead, Cymaz Music) | |
| 12:00 - 12:45 | PANEL: Singing for Loneliness, Health and Wellbeing With Charlene Mulhern (National Programme Manager - Mental Health, Public Health England), Dr Daisy Fancourt (Associate Professor at University College London), Emily Foulkes (Director and Vocal Lead, Cymaz Music) Linda Trevethan and Dr John Barnes (Consultant Psychiatrist) Chaired by Martin R White. | |
| 12:45 - 14:00 | LUNCH | |
| 14:00 - 15:00 | BREAKOUT SESSION 1: Learning from the South West Academic Health Science Network 'Spread Academy' on Personalised Care Led by Jules Ford (Senior Programme Manager – Social Prescribing & Cultural Commissioning, Gloucestershire Clinical Commissioning Group), Julia Puebla Fortier (Research Associate, AHSW) and Cat Radford (Creative Commissioning Lead, Torbay Culture) | BREAKOUT SESSION 2: Singing for Health and Wellbeing Including an introduction to trauma and the impact of Adverse Childhood Experiences on mental and physical health and how to embed a trauma and mental health informed approach into a Singing for Health & Well-being Session. Led by Emily Foulkes (Director and Vocal Lead, Cymaz Music) |
| 15:00 - 15:15 | SHORT BREAK - CHANGEOVER | |
| 15:15 - 16:15 | BREAKOUT SESSION 1: Learning from the South West Academic Health Science Network 'Spread Academy' on Personalised Care Led by Jules Ford (Senior Programme Manager – Social Prescribing & Cultural Commissioning, Gloucestershire Clinical Commissioning Group), Julia Puebla Fortier (Research Associate, AHSW) and Cat Radford (Creative Commissioning Lead, Torbay Culture) | BREAKOUT SESSION 2: Singing for Health and Wellbeing Including an introduction to trauma and the impact of Adverse Childhood Experiences on mental and physical health and how to embed a trauma and mental health informed approach into a Singing for Health & Well-being Session. Led by Emily Foulkes (Director and Vocal Lead, Cymaz Music) |
| 16:15 - 16:45 | PRESENTATION AND FILM SHOWING: The 'Lonely Not Alone' Campaign With Eloise Malone (Creative Director and Chief Executive of Effervescent) and Rich Halliday (Director of Marketing at Effervescent) | |
| 16:45 - 17:00 | FINAL SESSION: Connecting through Creativity: Tackling Loneliness Sharing the AHSW Big Give Christmas Challenge Campaign, with Alexis Butt (Fundraising Officer at AHSW), Dr John Barnes (Consultant Psychiatrist) and Alex Coulter (Director of AHSW) | |