



Dr Theo Stickley  
Evaluation

# EVALUATION QUESTIONS

- Was the training programme educative?
- Was it enabling?
- Could it help develop emotional intelligence?
- Is it practically deliverable?



# UK EVALUATION OF TRAINING – A SNAPSHOT

## Methods:

- Reflective journals from the trainers
- Semi-structured questions for participants
- An evaluation form for the Practice Learning Group

# CONFIDENCE BUILDING OF PARTICIPANTS

- Feel I will be more confident in trying different approaches with the people I work with.
- My confidence has improved in feeling comfortable in a group dynamic and feeling able to facilitate activities and groups.
- At the beginning of the 3 days I was uncertain how I would translate the learning into the workplace but now I feel confident about using the course content with clients.
- It has improved my interpersonal skills and confidence to speak up in a group.

# ARTS PRACTICE

- It may be very worth while in being able to somewhat change my practice in my current role.
- I know that I have a range of exercises I can utilise with people that I've previously felt stuck with.
- I would think that it would change as this can be a lot more of a playful and creative approach.
- To no longer be filled with fear and dread when working with people where other approaches have not met their needs.

# GROUP BUILDING

- Almost all of the exercises have allowed individuals to speak. Also, people have had the courage to share deep information regarding themselves because trust has been built up within the group.
- We have worked well together and built good bonds I think that the group has gelled very well and this was started at the beginning from the first exercise

# INSPIRATION

- To a great extent, I can't really put into words the extent that I've been inspired and encouraged by two of the group members I worked closely with, I have got bigger dreams now.
- Learning about the various creative forms – acting, writing, drawing, imagination
- It has helped me to see the broad range of art forms that can inspire people and create community.
- I have been artistically inspired because of all the examples shown by the facilitators and the group. It has made me realise that its healthy to think artistically and that it is possible to build strength



# SUMMARY

- Small training groups worked best (about eight)
- A place for trust to build
- Training with fun, laughter , sharing
- The voice of people in recovery of utmost importance
- An emphasis on the creative and social rather than the medical



# SUMMARY

- The role and qualities of the trainer is very important
- Accepting
- Can demonstrate creativity, seriousness as well as fun
- People need to feel safe and not being judged